

KIMBERLY BINGHAM, M.S.

Office: University of West Georgia, Department of Sport Management, Wellness, and Physical Education
1601 Maple Street, Coliseum 2043, Carrollton, GA 30118
Home: 1300 DeKalb Avenue NE, Unit 214, Atlanta, GA 30307
P: (470) 332-6788
kbingham@westga.edu

EDUCATION

- 2017** **Master of Science:** Exercise Science
Georgia State University — Atlanta, GA
- 2014** **Emergency Medical Services:** Paramedic (1120 Hour Course)
Gwinnett County Fire Department — Lawrenceville, GA
Successful completion of NREMT Certification and State of Georgia Licensure
Academic Award for highest GPA, Recruit Class 2013-1
- 2008** **Bachelor of Science:** Marketing
Arizona State University — Tempe, AZ
Summa Cum Laude
- 2008** **Bachelor of Arts:** Psychology
Arizona State University — Tempe, AZ
Summa Cum Laude

TEACHING EXPERIENCE

- 08/2017 to Present** **Faculty Instructor**
University of West Georgia
Department of Sport Management, Wellness, and Physical Education
Carrollton, GA
- Teach undergraduate classes in the Physical Education, Community Health and Wellness, and Health and Physical Education degree programs.
- Courses Taught
- PHED 2000: Applied Concepts of Fitness and Wellness
PHED 2603: Human Anatomy and Physiology I
PHED 2604: Human Anatomy and Physiology II
PWLA 1600: Personal Wellness
PWLA 1643: First Aid and CPR
PWLA 1671: Soccer
PWLA 1679: Body Boot Camp
- 01/2004 to Present** **Professional Soccer Coach**
Self-Employed — Various, Nationwide
- Develop and teach technical, tactical, and psychological training sessions and programs for youth athletes, collegiate athletes, and other coaches.
 - Instruct field and classroom training sessions for large groups of up to 40 players.
 - Emphasize the importance of academic and athletic development by providing verbal and written player evaluations.
 - Evaluate players during competitive try out process and select players for final team roster.
 - Work with various youth soccer clubs and Universities including University of California Berkeley and Arizona State University.
- Contracted Positions
- TopHat Soccer Club – Staff Coach
AFC Lighting Soccer Club – Staff and Goalkeeper Coach
University of California Berkeley – Camp Coach

Gwinnet Soccer Association – Assistant Coach
West Contra Costa Youth Soccer League – Director of Goalkeeping
San Ramon Soccer Club – Staff Coach
Arizona State University – Camp Coach
Soccer Plus Goalkeeper Academy – Goalkeeper Coach

01/2017 to 05/2017

Graduate Intern

The FitWit Foundation – Atlanta, GA

- Developed and implemented curriculum for Atlanta-based 501c3 nonprofit that provides fitness programs in the schools, which empower youth through health, fitness, and character development.
- Designed training handbook for future interns including program objectives, student recruitment, daily curriculum, and budget allocation.
- Lectured and communicated effectively with students from diverse backgrounds.
- Maintained thorough records of student attendance and performance metrics to maintain 501c3 status.

08/2011 to 08/2012

Graduate Assistant

Georgia State University – Atlanta, GA

- Prepared semester scheduling for Fitness Center personal trainers based on client demand, academic classes, and trainer requests.
- Maintained thorough records of client attendance, assessments, and fitness programs.
- Conducted multifaceted fitness assessments consisting of ECG monitored cardiovascular testing, muscular strength and endurance testing, body composition testing, and lipid profile testing.

PROFESSIONAL EXPERIENCE

10/2016 to 07/2017

Paramedic

WellStar Health System – East Point, GA

- Assisted in patient care in the emergency department at Atlanta Medical Center South including EKG, IV therapy, collection of lab specimens, medication administration, and bedside care.

09/2016 to 04/2017

Paramedic

Grady Health System – Atlanta, GA

- Responsible for assessment, field impression, and treatment of life-threatening medical conditions and traumatic injuries in pre-hospital environment.
- Lead and performed patient care including pharmacological, ACLS, and BLS interventions as part of EMS Operations division.

07/2013 to 08/2016

Firefighter Paramedic

EMS Adjunct and Field Training Specialist

Gwinnett County Fire & Emergency Services – Lawrenceville, GA

- Provided fire protection and emergency medical care during emergency incidents through critical decision making.
- Completed and reviewed fire reports and patient care reports in accordance with standing medical orders.
- Instructed skill trainings and lab practicals for EMT and Paramedic students.
- Proctored EMT and Paramedic testing for final exams and National Registry testing.
- Responsible for teaching and mentoring new paramedics to ensure that new employees met department standards and operated within standing medical orders.

02/2009 to 07/2013

Strength and Conditioning Coach/Personal Trainer

Self Employed – San Francisco, CA, Atlanta, GA

- Maintained dual certifications as NSCA Certified Strength and Conditioning

- Specialist and ACSM Certified Personal Trainer.
- Organized recruitment and enrollment events for prospective clients.
- Counseled clients with regard to health, nutrition, and fitness goals.
- Developed and implemented training programs for Special Operations police officers, training academies of law enforcement agencies, and collegiate and youth athletes.
- Evaluated athletes for postural imbalances and designed appropriate strength and flexibility programs for injury prevention.

PROFESSIONAL GROWTH & DEVELOPMENT

Current Certifications and Memberships

2014 – Present	Paramedic License #12949, State of Georgia
2014 – Present	AHA Advanced Cardiac Life Support
2014 – Present	AHA Pediatric Advanced Life Support
2014 – Present	AHA Basic Life Support
2014 – Present	International Trauma Life Support #19593

Former Certifications and Memberships

2014 – 2017	National Registry of Emergency Technicians-Paramedic (NREMT-P #M5020292)
2013 – 2016	NPQ I and II Certified Firefighter
2010 – 2013	NSCA Certified Strength and Conditioning Coach
2010 – 2013	National Strength and Conditioning Membership Association Professional Membership
2009 – 2013	ACSM Certified Personal Trainer

Additional Training

TRX Suspension Training Group Course – 8 Hours
 Georgia Stroke Core Curriculum - 6.5 Hours
 Advanced Medical Life Support – NAEMT – 16 Hours
 NAEMT Instructor Course – NAEMT – 6 Hours
 Course Non-Violent Crisis Intervention - 6 Hours
 NPQ I and II Certified Firefighter – State of Georgia – 640 Hours
 Firefighter Safety and Survival – State of Georgia – 24 Hours
 Hazmat Operations – NPQ – State of Georgia – 56 Hours
 Emergency Response to Terrorism – State of Georgia – 8 Hours
 Public Education – Gwinnett County Fire & Emergency Services – 8 Hours
 Swiftwater Operations – Gwinnett County Fire & Emergency Services – 8 Hours

Recognition and Awards

Member of U.S. Women's National Soccer Team
 Athlete at the U.S. Olympic Training Center
 All-American and All-Pac 10 Honors in Soccer, Arizona State University

Invited Presentations

Bingham, K. (November, 2017). Commencement Speech. Keynote Speaker at Gwinnett County Paramedic Graduation. Gwinnett County, GA.
 Bingham, K. (April, 2017). Commencement Speech. Keynote Speaker at Gwinnett County Fire Graduation. Gwinnett County, GA.
 Bingham, K. (September, 2011). *How to make your freshmen year your fittest*. Presented at the Student Success Summit at Georgia State University. Atlanta, GA.
 Bingham, K. (2009). *Life lessons learned from soccer*. Presented at annual San Ramon Soccer Club Banquet. San Ramon, CA.